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#### TOZER LEE EYE CENTER

# **NEWSLETTER**



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### Dr. Lee and Dr. Tozer voted as Top Doctors!

Congratulations to both Dr. Michele Lee and Dr. Kevin Tozer for being selected as a "Top Doctor" by Phoenix Magazine in 2025! Our surgeons received the most votes this year as voted on by their peers.

This is Dr. Lee's inaugural year and Dr. Tozer's 6th year on the list.

#### "Pink Eye" Epidemic in the Valley

We have recently been noticing a higher number of patients coming in with viral conjunctivitis, otherwise known as "pink eye." Please wash your hands before touching your eye and call us for treatment options if you have symptoms of pink eye, such as light sensitivity, eye pain, eyelid swelling, excessive tearing, and pink eye(s)!

## THE LIGHT-ADJUSTABLE LENS: A BREAKTHROUGH IN VISION CORRECTION

The field of ophthalmology has seen remarkable advancements in recent years, and one of the most exciting innovations is the development of the light-adjustable lens (LAL). This cutting-edge technology is revolutionizing the way we approach vision correction, particularly for patients undergoing cataract surgery or those seeking to correct presbyopia and other refractive errors.

A light-adjustable lens is an intraocular lens (IOL) that can be precisely adjusted after surgery using ultraviolet (UV) light. Unlike traditional IOLs, which are fixed once implanted, the LAL offers a unique level of customization for patients. It allows ophthalmologists to fine-tune the lens power even after the cataract surgery has been completed, ensuring that patients achieve their best possible vision outcome.

#### **How Does It Work?**

The light-adjustable lens is made from a special material that responds to UV light. After the lens is implanted into the eye, the patient undergoes a series of quick, non-invasive treatments using a light-activation device. These treatments, which typically take place over the course of a few visits, adjust the lens power based on the individual's visual needs. This process allows the ophthalmologist to fine-tune the lens for optimal near, intermediate, and distance vision, ensuring that the patient's vision is tailored to their exact preferences.

The ability to adjust the lens after surgery is a game changer. It provides a level of flexibility that traditional IOLs simply cannot match. Whether correcting nearsightedness, farsightedness, or astigmatism, the LAL offers a dynamic solution that evolves with the patient's needs.

#### Benefits of the Light-Adjustable Lens

One of the main advantages of the LAL is its high degree of precision. Patients no longer have to rely solely on the surgeon's estimates of their post-operative vision correction. Instead, they can enjoy a tailored approach, allowing for greater satisfaction with their vision outcome. Additionally, because the lens can be adjusted after implantation, it reduces the likelihood of needing further corrective surgeries or glasses post-surgery.

For patients who have specific lifestyle needs or those who want to avoid the constant reliance on glasses or contact lenses, the LAL is a breakthrough. It offers exceptional clarity and sharpness of vision, helping to improve quality of life by enhancing day-to-day activities like reading, driving, and using digital devices.

#### A New Era in Eye Care

As more patients seek personalized solutions for their vision, the light-adjustable lens represents a significant milestone in the evolution of cataract and refractive surgery. With its precision and flexibility, the LAL provides an unmatched level of control, ensuring that patients leave their eye care providers with the best possible vision and a greater sense of confidence.

In conclusion, the light-adjustable lens is shaping up to be one of the most transformative innovations in modern eye care. By offering a customizable and adaptable solution to vision correction, it holds the promise of improved visual outcomes and enhanced patient satisfaction. As the technology continues to evolve, the future of eye care is brighter than ever.



Make an appointment to see us:

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